

Program Committee Meeting

August 20, 2024

11:30 am

I. DECLARATION OF QUORUM

II. PUBLIC COMMENTS

III. APPROVAL OF MINUTES

- A. Approve Minutes of the Board of Trustees Program Committee Held on Tuesday, April 16, 2024
(EXHIBIT P-1)

IV. REVIEW AND COMMENT

- A. Behavioral Health
(EXHIBIT P-2 Lance Britt)

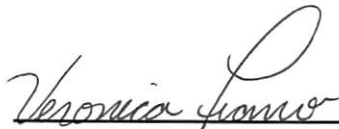
V. EXECUTIVE SESSION –

* As authorized by §551.071 of the Texas Government Code, the Board of Trustees reserves the right to adjourn into Executive Session at any time during the course of this meeting to seek legal advice from its attorney about any matters listed on the agenda.

VI. RECONVENE INTO OPEN SESSION

VII. CONSIDER AND TAKE ACTION AS A RESULT OF THE EXECUTIVE SESSION

VIII. ADJOURN



Veronica Franco, Board Liaison

**Bonnie Hellums, MED, LMFT, LCDC, AAC, JD Chairperson
Program Committee**

**The Harris Center for Mental Health and IDD
Board of Trustees**



EXHIBIT P-1

BOARD OF TRUSTEES
The HARRIS CENTER for
Mental Health and IDD
PROGRAM COMMITTEE MEETING
TUESDAY, APRIL 16, 2024
MINUTES

Mrs. Hellums, Committee Chair, called the meeting to order at 12:11 p.m. in Room 109 of the 9401 Southwest Freeway location, noting a quorum of the Committee was present.

RECORD OF ATTENDANCE

Committee Members in Attendance: Dr. R. Gearing, Dr. L. Moore, B. Hellums

Committee Member in Absence:

Other Board Members in Attendance: Dr. L. Fernandez

1. CALL TO ORDER

The meeting was called to order at 12:11 p.m.

2. DESIGNATION OF BOARD MEMBERS AS VOTING COMMITTEE MEMBERS

Mrs. Hellums designated Dr. L. Fernandez as a voting member.

3. DECLARATION OF QUORUM

Mrs. Hellums declared a quorum of the committee was present.

4. PUBLIC COMMENTS

There were no Public Comments.

5. Approve the Minutes of the Board of Trustees Program Committee Meeting Held on Tuesday, March 19, 2024.

MOTION BY: MOORE SECOND BY: FERNANDEZ

With unanimous affirmative votes

BE IT RESOLVED that the Minutes of the Board of Trustees Program Committee meeting held on Tuesday, March 19, 2024 under Exhibit P-1, are approved and recommended to the Full Board for acceptance.

6. REVIEW AND COMMENT

A. Recommendation No. 436R-Mercedes Alejandro for IDD-PAC Family Advocate Membership

MOTION BY: MOORE SECOND BY: FERNANDEZ

With unanimous affirmative votes

BE IT RESOLVED that the Recommendation No. 436R-Mercedes Alejandro for IDD-PAC Family Advocate Membership under Exhibit P-2, are approved and recommended to the Full Board for acceptance.

7. REVIEW AND COMMENT

A. 3200 Main St.-Amber Honsinger and Kim Kornmayer presented to the Program Committee.

7. EXECUTIVE SESSION

No Executive Session was needed.

8. RECONVENE INTO OPEN SESSION-

No Executive Session was needed.

9. ADJOURN

There being no further business, the meeting adjourned at 12:30 pm.

MOTION BY: FERNANDEZ

SECOND BY: MOORE

Veronica Franco, Board Liaison

Bonnie Hellums, Chairman

Program Committee

THE HARRIS CENTER *for* Mental Health *and* IDD

Board of Trustees

EXHIBIT P-2

Behavioral Health

2024 Program Highlights

**Lance Britt, MHA, LPC,
FACHE**

VP Behavioral Health

August 20, 2024





Multisystemic Therapy *Program Highlights*

Tiffanie Williams-Brooks · Patricia Hill

MST Targets for the 2 Teams

Team # 1

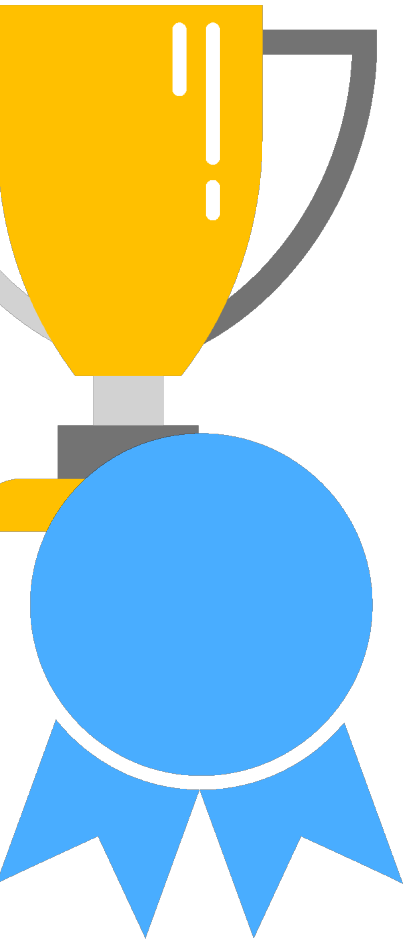
- Total Cases Receiving Full Treatment: **198**
- Percent of Youth No New Arrest: **89.90 %**
- Percent of Youth Living in Home: **89.39%**
- Percent of Youth in School or Working: **88.89%**
- Total Cases with Substance Use Targeted: **137**
- Percent of Youth with Reduction in Use: **91.98%**

Team # 2

- Total Cases Receiving Full Treatment: **121**
- Percent of Youth No New Arrest: **93.10%**
- Percent of Youth Living in Home: **96.55%**
- Percent of Youth in School or Working: **100%**
- Total Cases with reduced substance use/drug free: **100%**

Review Period August 2020 - March 31, 2024

MST Awards 2023-2024



- MST Sustained Excellence Award in the category of Therapist Adherence
Schconda Keller
- MST Sustained Excellence Award in the category of Team Adherence
**Daniel McGrew,
Rosa Villalta,
Schconda Keller**
- Whatever It Takes! Award
Amnesty Brown
- **Tiffany Woodward**
- MST Therapist of the Year Award
Tiffany Woodard
- MST Therapist TAMR - Sustained Excellence - Therapist Adherence Award
Tiffany Woodard

Program Spotlight

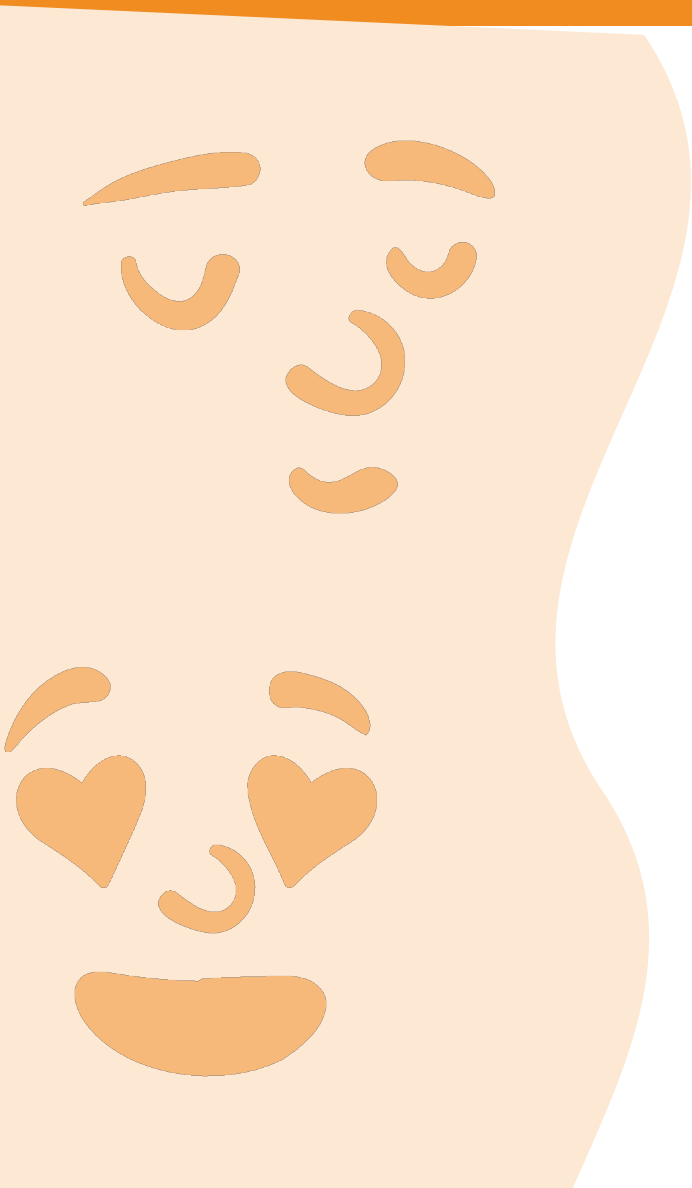
Multisystemic Therapy



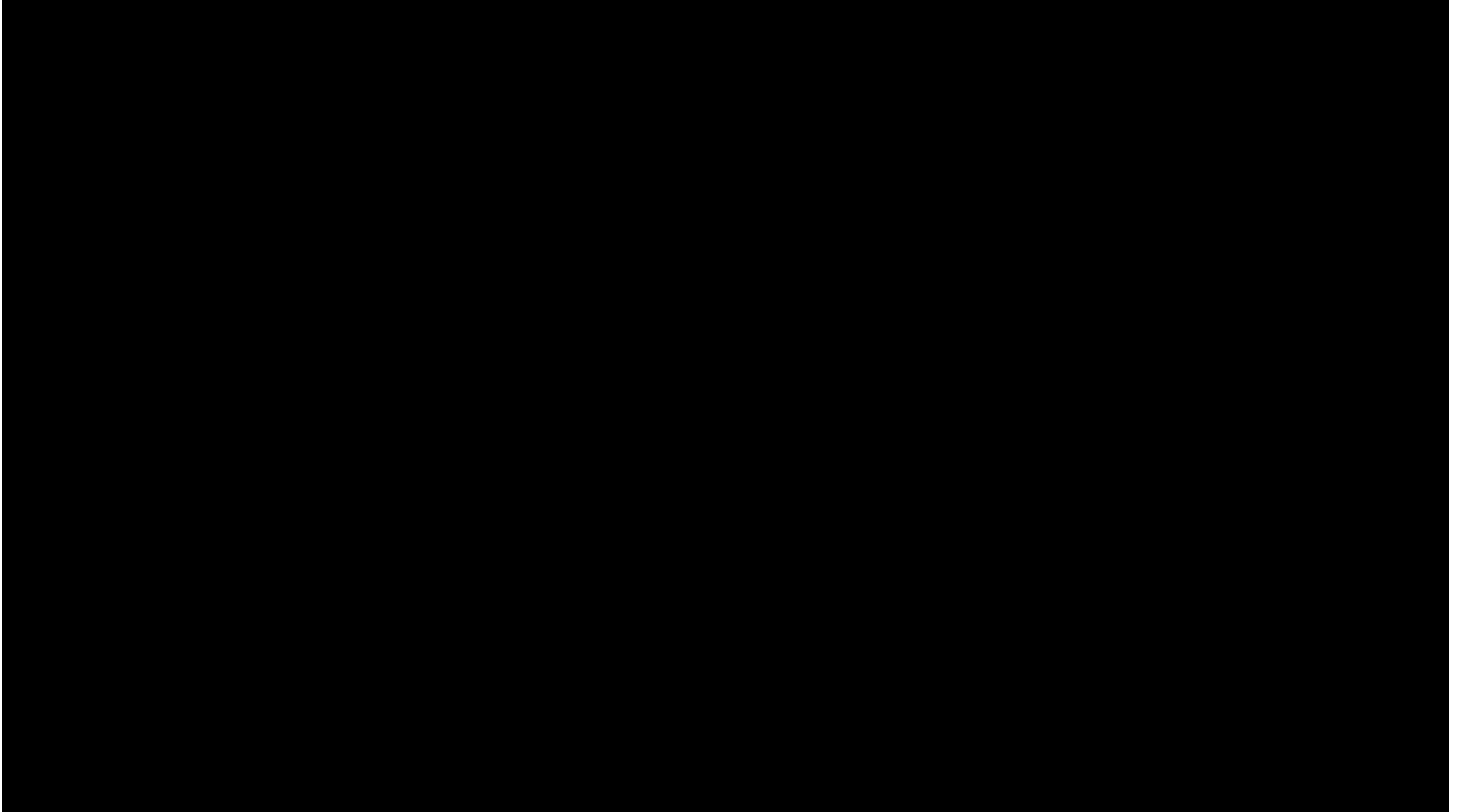
SW Adult Employee Wellness *Program Highlights*

Dr. Dionne Hill

My Happy Place....

- 
- A stylized illustration of a smiling face. The face is light orange and has simple, curved lines for eyebrows and a wide, open-mouthed smile. The eyes are represented by two heart shapes, also in a light orange color. The background of the face is a solid light orange color.
- Need a quick mental health break during a busy day when at work? How about a space to meditate and regroup?
 - Southwest Adult Clinic has a "**Happy Place**" every Wednesday for staff to take a 15-minute mental break where all 5 senses will be recharged.
 - Dr. Dionne M. Hill, LPC-S-SWAMH Practice Manager

Join us for a moment to experience the refreshing and rejuvenating techniques our SW staff uses each week.





Mobile Wellness and Food Bank *Program Highlights*

Dr. Stanley Williams

Mobile Wellness Van

- Community outreach events to reach the medically underserved communities.
- We have partnered with Precincts 1 & 2. We have fostered community trust by having monthly scheduled visits.
- Our staff have provided emotional wellness screenings - PHQ-2 screenings.
- Since August 2023, we have screened 500+ community members – provided follow-up information on how to access our Harris Center services
- CMAs, Community Wellness Ambassadors, and Registered Dietitians providing education to community members.

Note: Future planning to be part of community related crisis and catastrophic events - screenings and treatment engagement



Food Rx Program

*A Non-Medical Driver Strategy Partnership
with Houston Foodbank to Improve Client Wellness*



“ Food insecurity is linked with less mental health service use in adults with severe mental illness in the USA. However, it is associated with increased use of medical and psychiatric emergency services.



FoodRX Market Trailer

Harris Center Survey – Determinants of Health Findings

“Social determinants of health (SDOH) are known to influence mental health outcomes, which are independent risk factors for poor health status, emotional wellness and physical illness.”

Journal of the American Medical Informatics

Association, 26(8-9), 2019, 895–899

Eight key DOH related findings from the Harris Center survey revealed the following:

The Harris Center, anticipating the potential of the significant and devastating impact of COVID-19 on direct behavioral health patient care developed and administered a survey entitled *Harris Center COVID-19 & Impact Social Determinants of Health*.¹⁸ This survey was administered to patients by care managers through telephonic, socially distanced in person contact, and telehealth between April 2020 and April 2021. The survey was administered to 7,560 individual clients using a random number recruitment of active outpatient adult (81% adults) and children (19%) with SMI and or SED conditions.

*Food Insecurity	34.69% Believed that they would run out of food
*Percent Uninsured:	39.26 % Uninsured
Economic Insecurity	56.86% Found it difficult to pay for basic needs (i.e., food)
Feeling lonely & isolated:	54.16% Frequently felt lonely and isolated
*Fearful about the future:	52.46%
*Can't keep up with medications:	44.49%
*Lost access to health appointments:	24.75%
*Have not seen a healthcare provider	31.43% in last year



Food is Medicine

Food is the main contributor to health and chronic conditions. Food is medicine, and research demonstrates that regular intake of fresh produce helps to improve the health of individuals with prediabetes and diabetes.

The Rx for Fresh Fruits and Vegetables program (RxFFV) is designed to assist food-insecure individuals with diabetes and prediabetes in managing their condition by providing access to fresh fruits and vegetables through partnerships with Idaho healthcare clinics, community organizations, insurance companies, and retailers.



How does it work?



Screened by Healthcare Partner/
Stay in Community Health Program



Get **FoodRx** card



Get groceries from Food for Change Market



FoodRX Market Trailer

Food Rx



Houston Food Bank Partnership Food Rx Enrollment Process

Screen for Eligibility

- All patients are screened for Food insecurity using 2 item-Hunger vital signs –food Insecurity (IF)
- Eligibility will include screening positive for FI as well as the Daily Living Assessment, financial Screen of needs (both shared by Harris Center) and Quality of Life (shared by HFB) will be gathered to show the impact of the program:
We are obtaining baseline –info for Phq9, show-no/show rates, biometrics to review improvements and impact of Food RX Program

Enroll into Food Truck

- Clients assigned unique Food ID number
- Client completes enrollment form (Forms Assembly)
- Patient completes Quality of Life survey
- **FIRST Link refer to HFB for SNAP application assistance**

Redeem Food

- Identified Patients will get 30 lbs of fresh produce and additional items twice a month at our sites



Program Spotlight

Houston Food Bank Video Presentation

Note: Since April 2024 - over 1000 client entries to the Food RX Market Trailer to our four major clinic sites - over 25,000 lbs. of food



Thank you.

